

## LA SALLE PREP ATHLETICS DEPARTMENT

Director of Athletics: Brian Crawford, [bcrawford@lshigh.org](mailto:bcrawford@lshigh.org)

---

### MISSION

The mission of the La Salle Catholic College Preparatory's Athletic Department is to educate student-athletes about the values associated with athletic competition and to help them reach their athletic potential. Student-athletes will represent the qualities of a Lasallian school to the community, while growing into men and women of excellent character.

### COMMITMENT

With a commitment to educating the whole person, La Salle offers a wide selection of co-curricular programs. Students are encouraged to participate and find rewards in the learning that occurs beyond the classroom. An integral part of that educational process is our dynamic athletic program that involves a majority of our student body each year.

We are glad that your child has shown an interest in participating in one of La Salle's Athletic Programs. La Salle's athletic programs are an extension of the overall education provided at our Catholic college preparatory school. All of La Salle's coaches are teachers first. We are here to educate your child. The traditions of La Salle and our founder's teachings are as rooted in athletics as they are in the messages your child will hear in classes each day of this school year. Our coaches are taught to build healthy, positive relationships with their athletes to create an environment where students will be at their optimal learning. Coaches are also taught to model the behavior they want to see in their athletes. Our Athletic Department mission statement was developed with input from our coaches and fits seamlessly into our school's mission.

Participation on athletic teams is not a requirement for graduation. Rather, it is a choice of students to enhance their high school experience. Participation is an opportunity for additional education that takes place in daily practice and in competition. It is a chance to learn to be a teammate, a leader, a student of the game and an

ambassador for La Salle. The experiences they gain from participation in athletics will create great memories and lifelong friendships. Working together as a team and a commitment to excellence will serve as a foundation for each of the participants becoming a person of high character.

At La Salle, our goal is to prepare our students for success as adults, and we firmly believe that our athletic programs are an important part of our overall program. These programs offer students, parents, faculty, alumni and community members the opportunity to be a part of the school community.

La Salle has taken strides to address its need for a character-based education program by adopting the "Champions of Character" program entitled "A Standard Higher than Victory: Daily Character Lessons for High School and College Coaches." The program was designed by Bruce Brown and incorporates five essential core values: Respect, Responsibility, Integrity, Servant Leadership and Sportsmanship.

As Bruce notes, "Coaches need to make their expectations and values clear. Articulate, teach, practice, model and praise these values on a daily basis in order to provide an experience where athletes can learn and demonstrate exactly what it means to be an athlete and a person of character."

### THE VALUE OF PARTICIPATION

Through participation in athletics, our students have the opportunity to develop physically, emotionally, socially and spiritually. They learn the value of athletics: to think independently and as team players, to succeed and excel, to strive for high moral and Christian values, to respect others and to pursue fairness in human relationships.

Our athletes, parents and coaches are called upon to work together in the true spirit of sportsmanship to assist in creating an environment in which our Lasallian values are revealed, tested and proven relevant to the participants and the entire community.

## A PROUD TRADITION BREEDS SUCCESS

La Salle is a 4A member of the Capital Conference. Each year many of our teams and individual athletes advance from league play into conference and state competition in a number of sports.

In Conference or District play, Falcon teams have won championships in every sport and every season. The twenty-six state championship banners in our gym attest to the long and distinguished heritage of our athletic program.

Our forty-two year tradition is a proud one and you are invited to become part of it!



## LA SALLE OFFERS PROGRAMS IN THE FOLLOWING SPORTS:

Football	Varsity, JV, Frosh
Volleyball	Varsity, JV, Frosh
Cross Country (boys/girls)	Varsity, JV
Boys' Soccer	Varsity, JV
Girls' Soccer	Varsity, JV
Swimming (boys/girls)	Varsity, JV
Boys' Basketball	Varsity, JV, Frosh
Girls' Basketball	Varsity, JV, Frosh
Track (boys/girls)	Varsity, JV
Softball	Varsity, JV
Baseball	Varsity, JV, Frosh
Boys' Golf	Varsity, JV
Girls' Golf	Varsity, JV
Boys' Tennis	Varsity, JV
Girls' Tennis	Varsity, JV
Rally	Varsity
Dance	Varsity